

Priority 2 - Living Well

On behalf of Bury Integrated Health and Social Care Partnership

Ensure comprehensive advice and support is available to support people to maintain a healthy lifestyle

Outcome 1 - People will adopt and maintain a healthy lifestyle and be physically active

NHS Diabetes Prevention programme has been developed to help prevent people from developing type 2 diabetes.

Creation of a Pre Diabetes Register in Bury currently holds **11,447 people**



Bury is one of 4 districts across GM to test out GP referrals to the Working Well expansion.



In 2016/17, Better Together has now been incorporated into the Bury GP Quality Contract.



virginicare

As part of its sexual health service it is launching a Virtual Hub, a digital resource to support people to self care and to provide information checker

Prestwich Works **908**

Residents using the service

JCom have been awarded the 2016/17 Prestwich Works contract.

20% of people smoke in Bury
Overall the Bury trend is decreasing

25% of people in Bury binge drink
Bury has nearly the highest rate of binge drinking out of our statistical neighbours

67% of adults in Bury have excess weight

8% of people have reported a low happiness score
This is the lowest score out of our Statistical Neighbours

52% of adults in Bury do at least 150 minutes of physical activity per week.

9285 health checks were carried out in 2015/16

Establish a healthy schools and work programme

Outcome 2 - All schools and workplaces in Bury will be 'health promoting' organisations

Work is ongoing to ensure that the Children's Transformation Plan is embedded into the Locality Plan



Work is on-going with the development and implementation of the Healthy Schools Programme.



The Workplace Wellbeing Charter is an opportunity for employers to demonstrate their commitment to the health and well-being of their workforce.

The Employment and Health Guide is complete and is a live document which will be updated to reflect local provision.



Engagement with the local business base has commenced. Introductions are facilitated by the Bury Business Growth Advisor and through established business networks.

Adopt a 'health in all policies' approach to policy and strategy development

Outcome 3 - All policies and strategies developed ensure they have a positive impact on the health of people in Bury

Team Bury has adapted an OBA approach which is being embedded across the Team Bury priorities, Communities and Wellbeing, commissioning and neighbourhood working

All policies are to be reviewed and updated in line with care act requirements. They will need to make reference to, Equality and Diversity, Well Being Principle Information and Advice and Signposting

A workshop has been held to explore the role out of economic development and spatial planning in improving health and reducing health inequalities

Indicators

■ = Bury is in lowest quartile (of SN)

NB: No significance implied

Strategy Measure Number and Indicator	Bury	SN Avg	SN Best	Statistical Neighbours range	Bury Trend	Trend - which is better?
2.1i Self-reported well-being - low satisfaction score	6.3	6.0	4.0			↓
* 2.1ii Self-reported well-being - low worthwhile score	-	4.7	3.3			↓
2.1iii Self-reported well-being - low happiness score	8.4	10.4	8.4			↓
■ 2.1iv Self-reported well-being - high anxiety score	22.6	21.1	19.3			↓
2.1vi Excess weight in 4-5 year olds	20.7	23	19.4			↓
2.2 Excess weight in 10-11 year olds	32.9	34.1	31.8			↓
2.3 Percentage of physically active adults	55.1	50.7	56.7			↑
2.5i Smoking Prevalence	20.5	21	19.4			↓
■ 2.5ii Binge drinking (synthetic estimate)	25.1	23	17.2			↓